



# ASBCE

THE OFFICIAL NEWSLETTER OF THE ALABAMA  
STATE BOARD OF CHIROPRACTIC EXAMINERS

126 Chilton Place, Clanton, Alabama, 35045  
Phone number 1-800-949-5838 or 1-205-755-8000  
Fax 1-205-755-0081

Newsletter April 2016  
Volume 16, Issue 2

## INSIDE THIS ISSUE :

<i>Adopted Rules</i>	7
<i>Condolences</i>	3
<i>Difficulty Printing Renewal Card</i>	5
<i>Fingerprint Requirements</i>	7
<i>Meeting Dates</i>	8
<i>New Face on the Board</i>	5
<i>New Licensees</i>	7
<i>Online Seminars</i>	2-3
<i>Presidential Message</i>	1
<i>Upcoming Seminars</i>	4

## Presidential Message

Dear colleagues and clinic owners:

The Board has recently had several externships where the process to approve the extern was not completed. The extern and doctors started the application process however they never completed and obtained Board approval before the externs began working.

The process is not difficult but does require several steps to complete. The rule regarding the extern program is clear but if you are considering allowing an extern to work with you make sure you check with the board office to ensure compliance. The program is monitored by a Board member while the extern is working for you and if you have an extern and have not spoken with a

board member you are likely not in compliance.

The board has noticed a reduction in seminars thus far this year so you need to be sure you have a seminar lined up for your CE hours. We encourage you to get a jump on the renewal process to save yourself a lot of frustration and money.

**Brian Wells, DC**  
President ASBCE



## REMINDER

If you have not yet obtained your required chiropractic continuing education hours for the upcoming renewal, please review the seminar's list on pages 2 and 4 of this newsletter. The renewal process is much easier if you don't wait until the last minute to obtain these hours and submit them to the Board. (18 hours are required for renewal each year with part of those in Alabama Law) Also, if you have purchased your Alabama Section 136 Business (privilege) License for the year 2015-16 you may email a copy to [ashley.stewart@chiro.alabama.gov](mailto:ashley.stewart@chiro.alabama.gov) or fax it to the Board Office at 205-755-0081.

# Online Seminars

The Seminars listed below have been approved by the Alabama Board for CCE

**CE4YOU** offers the following ONLINE courses. For information contact Eric Schmitt, DC at 1-888-612-0996.

1. "AIDS AND INFECTIOUS DISEASE"
2. "CHIROPRACTIC CARE FOR PATIENTS WITH ADVANCED ARTHRITIS"
3. "CODING AND DOCUMENTATION IN PRACTICE"
4. "EXTREMITY ADJUSTING"
5. "FAULTY MOVEMENT PATTERNS"
6. "FAULTY MOVEMENT PATTERNS REVISITED"
7. "INTEGRATIVE MYOFASCIAL RELEASE (IMR)"
8. "LOW TECH REHAB FOR WHIPLASH"
9. "MAGNETIC RESONANCE THERAPY AND CHIROPRACTIC"
10. "MASSAGE PROTOCOLS"
11. "MUSCLE TESTING & EXERCISE PRESCRIPTION"
12. "RADIOLOGY IN PRACTICE"
13. "REHABILITATION OF THE ATHLETE"
14. "RISK MANAGEMENT CONSIDERATIONS OF TREATING PATIENTS WITH ALTERED...."
15. "RISK MANAGEMENT IN THE MULTI-DISCIPLINARY PRACTICE"
16. "SPINAL TRAUMA"
17. "THE PERINATAL AND PEDIATRIC PRACTICE"

**Data Trace Publishing** offers the following ONLINE course until December 2016. For information contact Rachel Miller at 1-410-494-4994.

1. OUM 2015 REDUCING RISK

**DCHours.com** offers the following ONLINE courses until September 2016. For information contact Debbie Brendler at 1-800-811-0269 or click [https://ahs.prosperitylms.com/req/ahs\\_student/index.cfm?prog=18](https://ahs.prosperitylms.com/req/ahs_student/index.cfm?prog=18) for a list of all DC Hours courses approved by Alabama and for registration.

1. "ALABAMA BOARD RULES AND REGULATIONS 2 HOURS"
2. "BASIC CASE MANAGEMENT"
3. "BASIC MRI PART 1"
4. "BASIC MRI PART 2"
5. "BASIC MRI PART 3"
6. "FUNCTION BASED CARE PART 1"
7. "FUNCTION BASED CARE PART 2"
8. "PASSIVE CARE MODALITIES PART 1"
9. "PASSIVE CARE MODALITIES PART 2"
10. "RADICULOPATHY: PATIENT ASSESSMENT"
11. "SPINAL DECOMPRESSION"
12. "SPINAL PAIN SYNDROMES"
13. "THE NEUROLOGY OF PAIN"
14. "UNDERSTANDING WHIPLASH PART 1"
15. "UNDERSTANDING WHIPLASH PART 2"

**DC Online** offers the following ONLINE courses until December 2016. For information contact Karen Moreau at 1-712-260-2507 or click <https://secure.ecollege.com/mcc/index.learn?action=registration>

1. "A CASE BASED APPROACH TO SOFT TISSUE INJURY"
2. "ACTIVE CARE FOR THE LUMBAR SPINE FOR THE HEALTHCARE PROVIDER"

3. "ALABAMA BOARD RULES AND REGULATIONS 2 HOURS"
4. "ALABAMA BOARD RULES AND REGULATIONS 4 HOURS"
5. "ASSESSMENT & MANAGEMENT OF THE HIP FOR THE HEALTHCARE PROVIDER"
6. "BLOODBORNE PATHOGENS AND UNIVERSAL PRECAUTIONS"
7. "ETHICAL ISSUES IN CHIROPRACTIC PRACTICE"
8. "IMMUNIZATION: MAKING INFORMED CHOICES"
9. "PHYSICAL ASSESSMENT AND MANAGEMENT OF THE KNEE"
10. "PROFESSIONAL BOUNDARIES"
11. "RISK MANAGEMENT IN CHIROPRACTIC"
12. "SOFT TISSUE CARE IN CHIROPRACTIC"
13. "SPECIAL POPULATIONS IN CHIROPRACTIC: THE OSTEOPOROTIC PATIENT"
14. "SOFT TISSUE CARE IN CHIROPRACTIC"

**National University of Health Sciences** offers the following ONLINE courses until February 2016. For information contact Jenna Glenn, DC at 1-630-889-6622.

1. "ACUPUNCTURE: TRADITIONAL CHINESE MEDICINE & PRACTICAL PROCEDURE INTRO TO ACUPUNCTURE"
2. "CIHP: INTEGRATIVE GASTROENTEROLOGY"
3. "COX INTERDISCIPLINARY CARE & INTEGRATION"
4. "ICD-10-CM ONLINE STUDY PROGRAM"
5. "ICD-10: TRAINING, CASE STUDIES, AND EXERCISE"
6. "INTRODUCTION TO ICD-10"
7. "THE COX TECHNIC SYSTEM OF SPINAL PAIN MANAGEMENT: BIOMECHANICS, EXAMINATION..."

**Palmer College of Chiropractic** offers the following ONLINE courses until December 2016. For information contact Kati Sproston at 1-563-884-5715.

1. "ACTIVATOR METHODS ONLINE: TRACK 1"
2. "ORTHOPEDIC ASSESSMENT AND INTERPRETATION"
3. "PETTIBON ONLINE: ANALYSIS & TREATMENT"
4. "PETTIBON ONLINE: CASE MANAGEMENT & BILLING"
5. "PETTIBON ONLINE: CLINICAL PROTOCOLS & HOME CARE"
6. "PETTIBON ONLINE: FUNCTIONAL NEUROLOGY"
7. "PETTIBON ONLINE: FUNCTIONAL NUTRITION"
8. "PETTIBON ONLINE: FUNDAMENTALS"
9. "PETTIBON ONLINE: PATIENT ANALYSIS"
10. "PETTIBON ONLINE: POST TREATMENT REHAB"
11. "PETTIBON ONLINE: PRE-TREATMENT REHAB"
12. "PETTIBON ONLINE: X-RAY PROCEDURES"

**Parker University** offers the following ONLINE courses until April 2016. For information contact Teresa Wright at 1-800 266-4723.

1. "BOUNDARIES WITH PATIENTS: CONFIDENTIALITY & SEXUAL MISCONDUCT"
2. "NUTRITIONAL CONSIDERATIONS FOR PATIENTS WITH OSTEOPOROSIS"
3. "DAVILA-PHILOSOPHY & MEDICAL NECESSITY 2014"
4. "FROM THE GROUND UP-GLOBAL POSTURAL PATTERNS OF THE HUMAN BODY"
5. "SUPPLEMENT CONSIDERATIONS FOR THE ATHLETE"
6. "UNDERSTANDING SCOLIOSIS"

## Online Seminars Continued

### **Southern California University of Health Sciences**

offers the following ONLINE course until December 2016. For information contact Yvonne Rabago at 1-562-902-3373.

1. "FUNCTIONAL DIAGNOSTIC MEDICINE TRAINING 2016 Module 3"

### **University of Bridgeport College of Chiropractic**

offers the following ONLINE courses. For information contact Paul Powers, DC at 1-860-463-9003.

1. "ATHLETIC TIPS CERTIFICATION SEMINAR"
2. "ALABAMA CHIROPRACTIC LAW (RULES AND REGULATIONS)"
3. "ACCREDITED TRAINING FOR THE NATIONAL REGISTRY OF CERTIFIED MEDICAL EXAMINERS 301"
4. "MANAGEMENT OF COMMON CONDITION 208-211"

5. "MANUAL MUSCLE TESTING 201-206"
6. "NEUROLOGY 115-116"
7. "NEUROLOGY 210A"
8. "PHYSICAL THERAPY 101"
9. "RISK 130"
10. "SOFT TISSUE INJURIES"
11. "SOFT TISSUE INJURIES 110"
12. "X-RAY 129-134"

**University of Western States** offers the following ONLINE courses until November 2016. For information contact Ana Phongsavath at 1-503-251-5719.

1. "ANCILLARY DIAGNOSTIC TESTING PROCEDURES"
2. "CHIROPRACTIC GUIDE TO SYMPTOMS AND DISEASE"
3. "CHIROPRACTIC SPORTS INJURIES"
4. "GERIATRIC HEALTH CARE"
5. "PAIN MANAGEMENT"
6. "SPORTS INJURIES"

### **BOARD QUARTERLY PERFORMANCE REPORT**

Applications Sent	10
Transcripts Processed	50
New License Issued	10
License Verifications	611
Complaints Received	2
Disciplinary Hearings	6
Outgoing Correspondence	1933
Continuing Education Reviewed	94

## Condolences

Dr. Timothy Bishop. Dr. Bishop graduated Cleveland College of Chiropractic in 1984 and received his Alabama license in 1985. He lived and practiced in Russellville, AL.

The Board and staff send condolences to the family and friends of Dr. Bishop.

# Upcoming Seminars

The Seminars listed below have been approved by the Alabama Board for CCE

**Alabama State Chiropractic Association** presents the following course. For information contact Layne Lunn at 334-262-2228.

"ASCA Convention & Exposition" 21 hours June 3-5 in Birmingham, AL. *Includes AL Law.*

**FCA** presents the following course. For information contact Camille Moore at 407-654-3225.

"FCA NE Regional Convention & Exposition 2016" 66 hours April 28-May 1 in Jacksonville, FL.

**Fetterman Chiropractic Events** presents the following course. For information contact Kris Fetterman at 517-983-2060.

"Taping & Techniques for Upper & Lower Extremities" 12 hours June 4 in Tuscaloosa, AL and June 18 in Mobile, AL.

**ICPA** presents the following courses. For information contact Rachel Douglas at 610-565-2360.

"Family Nutrition: Epigenetics & Parental Health" 12 hours April 2 in Atlanta, GA.

"Transforming Practical Experience to Family Practice" 12 hours May 14 in Atlanta, GA.

**Life University** presents the following courses. For information contact Melissa Scharffenberg at (770) 426-2753.

"CCEP Mod 2- Advanced Principles of Upper Extremity Adjusting" 15 hours April 16-17 in Marietta, GA.

"Spinal Correction Workshop" 12 hours June 17-18 in Celebration, FL.

"Upper Extremity Adjusting" 4 hours May 19 in Atlanta, GA.

**Logan University** presents the following courses. For information contact Ralph Barrale, DC at 800-842-3234.

"Class IV Laser Therapy in Clinical Practice" 8 hours February 23 in Franklin, TN.

**National University of Health Sciences** presents the following course. For information contact Jenna Glenn, DC at 630-889-6622.

"Evidence Based Practice Seminars — Whiplash Injuries" 12 hours April 9 in Huntsville, AL.

"Gaston Technique M1 Basic Training" 12 hours April 23-24 in Atlanta, GA.

**Northwestern Health Sciences** presents the following courses. For information contact Sara George at 952-885-5446.

"Optimizing Musculoskeletal Health: Protocols for Performance and Recovery" 12 hours June 4-5 in Atlanta, GA.

"Personal Injury, Current Documentation & Laser Protocol" 12 hours May 21-22 in Orlando, FL.

**Palmer College** presents the following courses. For information contact Kati Sproston at 563-884-5715.

"2016 American Chiropractic Board Sports Physicians Annual Symposium" 28 hours April 28-May 1 in Orlando, FL.

"Activator Methods Spring 2016: Advanced" 12 hours April 23-24 in Atlanta, GA.

"Activator Methods Spring 2016: Basic" 12 hours April 23-24 in Atlanta, GA.

"Activator Methods Spring 2016: Intermediate" 12 hours April 23-24 in Atlanta, GA.

"Gonstead Technique 2016" 15 hours June 3-4 in Daytona Beach, FL.

**Sherman College of Chiropractic** presents the following courses. For information contact Jillian Kersh, DC at 864-578-8770.

"Korean Specific Seminars" 16 hours May 13-15 in Atlanta, GA.

"Network Spinal Analysis — Level 2" 20 hours May 13-15 in Atlanta, GA.

**Southern California Health Sciences** presents the following course. For information contact Yvonne Rago at 562-902-3373.

"Whiplash Injury Biomechanics & Traumatology 2016—Mod 2" 12 hours May 14-15 in Orlando, FL.

**University of Bridgeport Health Sciences** presents the following course. For information contact Eileen Herlihy-Santiago at 203-576-4880.

"The Gluten, Leaky Gut, and Autoimmune Connection" 8 hours April 2 in Ft. Lauderdale, FL and June 11 in Orlando, FL.

**\*\*Difficulty Printing Renewal Card\*\***

**The Board office has received some calls regarding difficulty printing renewal cards. There is currently a Windows 10 issue that will not allow the Renewal Card to print. Please try printing using Firefox or Google Chrome if you encounter this problem with Windows Internet Explorer.**

**If you continue to have problems after trying these options please call the Board office for assistance.**

### New Face on the Board



Congratulations to Dr. Toya T. Burton. Dr. Burton is the newly elected member to the Board's African American seat.

Dr. Burton is a chiropractor, clinical researcher and public health specialist at Whatley Health Services, Inc. She received her B. S. degree in zoology at Alabama A&M University, doctorate in chiropractic from Life University and has a master's degree in public health from the University of Alabama at Birmingham. She has worked in health disparities since 2005. She serves as a chiropractor in a community health center in the State of Alabama. She also works on several research projects with different universities. She is a strong advocate in health and pain education and health disparities. She has presented research to the Patient Center Outcomes Institute, American Psychological Association and others. She volunteers with the American Diabetes Association, Susan G. Komen, and American Cancer Society. Dr. Burton also serves as a grant reviewer for the Department of Health and Human Services. In 2014, she received the Excellence Award for Advocacy from the American Cancer Society. She is a cancer survivor.

## Social Media Tips for DC's

There are all sorts of internet horror stories about social media posts that can turn a respected professional into a social outcast. Ninety-two percent of medical licensing boards have received some kind of internet-related complaint. There is a growing trend toward discipline problems stemming from online contact. However, online sites can be an important part of business success.

Many social media sites can help you connect with others, stay informed, and grow your practice, but be careful to use them correctly. They can also cause problems with your board, colleagues, and your patients if some sort of guidelines are not followed.

Here are a few dos and don'ts:

- \* Remember that the Board's advertising and marketing regulations apply to the internet.
- \* Don't assume the marketing package you bought is compliant with the Board's regulations.
- \* Always protect your patients. HIPAA violations can occur easily on the internet. Even a hypothetical situation can be familiar enough to a patient for them to recognize themselves.
- \* Never put something on the internet you wouldn't want your patients to read. This includes your private Facebook or other social media sites.
- \* Always be clear about your credentials and any clinic you are associated with.
- \* Don't trust online security. There are many who could attest that security is only secure until someone hacks it.
- \* ALWAYS act professionally. Even when you aren't posting in your capacity as a doctor. Your words and actions reflect on you as a professional and your practice. Never assume your hobby is unrelated to your professional practice. EVERYTHING IS RELATED IN CYBERSPACE.
- \* Never give patient advice over social media. The doctor patient relationship is much too complex to post or tweet about.
- \* ALWAYS stop and think before you put something out on the web. By pausing to think and consider what you are about to say you can save yourself from a huge headache later.

Use the following Texas Instruments Ethics Quick Test as a guide:

1. Is it legal?
2. Does it comply with your values?
3. If you do it, will you feel bad?
4. How will it look in the newspaper?

This does not mean you should stay away from the internet. It is a great resource and social media is a great way to network and grow as a professional.

As with every aspect of your professional life, ethics and common sense are your best guides for interaction on the internet.

**This following rules were adopted and became effective March 22, 2016. Please become familiar with these to avoid future violations of these rules. Please hold the CTRL key and click the following link for the entire rules**  
[Current Board Rules](#)

**Rule 190-X-1-.11 Records**

**Rule 190-X-1-.13 Directory of Licensees Published**

**Rule 190-X-2-.17 Non Licensed Chiropractic Practice Ownership**

**Rule 190-X-7-.01 Preceptor Doctor**

## FINGERPRINT REQUIREMENTS

Background checks are now required for all initial and reinstatement applications. These background checks require fingerprints to be submitted to the Board office for submission to the State Bureau of Investigation. Please be aware that it takes a minimum of 3 weeks for the results to be returned to us on these background checks. Below are some tips to avoid delays in processing.

1. *Use the cards provided by the Board for your fingerprints.*
2. *Ensure your fingerprints are taken by a law enforcement agency.*
3. *Be sure to fill out the top portion of the card.*
4. *Be sure the card is signed by the person being fingerprinted and the official taking the fingerprints.*

If you know someone who is applying for a license please share this information with them. Also, if you do not want the delay of having to have a background check be sure you renew timely to avoid this requirement on reinstatement.

*Congratulations to those licensed since January 2016*



Bull, Kenneth J.

Carnes, Mary A.

Jacobs, Johnathan L.

Kammer, Daniel

McDermott, Heather L.

Parker, Eric M.

Rudeseal, Frank H., Jr.

Of Biloxi, MS

Of Dothan, AL

Of Leoma, TN

Of Memphis, TN

Of Madison, AL

Of Fountain Valley, CA

Of Jemison, AL

## DATES TO CALENDAR

The Board will meet:

**April 15, 2016**  
Clanton Board Office

**May 13, 2016**  
Clanton Board Office

**June 3-4, 2016**  
The Wynfrey Hotel  
Essex Room

## 2016 State Holidays

The Board Office will be closed on the following:

**Confederate Memorial Day**      **April 25**

**National Memorial Day**      **May 30**

**Jefferson Davis' Birthday**      **June 6**

### ***OUR MISSION***

*To regulate and license doctors of chiropractic in order to protect the people of Alabama.*

### ***OUR VISION***

*To ensure the people of Alabama will receive professional, ethical and quality care in utilizing chiropractic services to maximize health benefits.*

### ***OUR VALUES***

*Excellence, integrity, communication and ethics.*

### **Board Members**

**R. Brian Wells, DC, President, Member District 3**

**Peter E. Keen, DC, Vice – President, Member District 7**

**Gregory A. Kuhlmann, DC, Secretary / Treasurer, Member District 1**

**John D. Neill, DC, Member District 2**

**Kenneth J. Randolph, DC, District 4**

**Travis A. Lowman, DC, Member District 5**

**Peter J. DeFranco, DC, Member District 6**

**Toya T. Burton, African American Member**

**Patricia Wilson, Consumer Member**

**Kenneth J. Randolph, DC - Preceptor Director,**

**James S. Ward, Esquire, Board Attorney**

### **ASBCE**

126 Chilton Place  
Clanton, AL 35045

Sheila Bolton  
Executive Director

Administrative Assistants  
Amy Deavers (ext. 226)

Ashley Stewart Clerk (ext. 221)

Wellness Hotline (ext. 223)

### **Phone**

(800) 949-5838  
(205) 755-8000

**Fax (205) 755-0081**

### **E-mails**

[sheila.bolton@chiro.alabama.gov](mailto:sheila.bolton@chiro.alabama.gov)  
[ashley.stewart@chiro.alabama.gov](mailto:ashley.stewart@chiro.alabama.gov)  
[amy.deavers@chiro.alabama.gov](mailto:amy.deavers@chiro.alabama.gov)